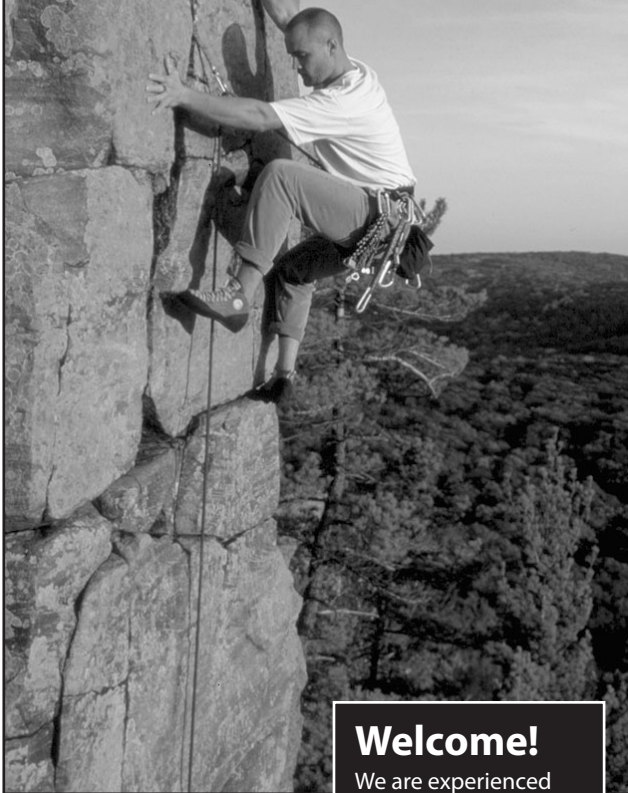


AR ROCK CLIMBING SCHOOL



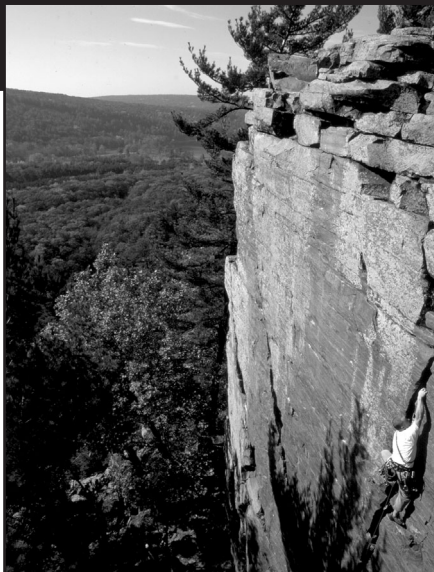
Welcome!

We are experienced outdoor professionals dedicated to providing you with a fun and memorable climbing adventure. Our classes are small to allow a high level of individual attention so you can really "learn the ropes."



262-790-6800 • www.adventurerock.com

Adventure Rock-Where Your Adventures Begin!



What to Expect

Once assembled on the first morning, we will make introductions, hand out equipment and proceed as a class to the climbing area. This usually consists of a 30-45 minute hike up fairly steep terrain, so bring shoes that offer ample support.

Once we leave the parking lot, we do not return for the rest of the day. Please come prepared to spend a full day outside.

Your instructor will familiarize the group to their new surroundings and explain the hazards and guidelines for the day's activities. The instructor will then lay out the class itinerary for your particular course.

There is no set time for the end of the climbing day; this will be determined by the group's energy level. At that time, the group will head back to the parking lot to sort out equipment. Participants are responsible for themselves once the climbing day has ended.

You cannot stay on the summit forever, you have to come down again. So why bother in the first place?

Just this: What is above knows what is below, but what is below does not know what is above.

One climbs, one sees. One descends, one sees no longer, but one has seen.

There is an art of conducting oneself in the lower regions by the memory of what one saw higher up.



Meeting (unless otherwise arranged)

All classes meet at 8 a.m. sharp. We'll assemble on the east side of the South Shore Parking Lot in Devil's Lake State Park (see map). If you are not there, you may be left behind, in which case you will be on your own to find the class site. There will be no refunds, transfers, or re-scheduling for students who fail to show up at the appointed time and place. A valid Wisconsin State Park sticker is required on all cars entering the park. Daily or annual stickers are available. Cars not possessing a sticker run the risk of being fined. If you need to contact Adventure Rock on the morning of your program, please call 262-370-6489.

We encourage carpooling.

Accommodations

Camping is available at Devil's Lake State Park and several private campgrounds in the local area. There are several nice hotels in Baraboo.



AR ROCK CLIMBING SCHOOL

“Good climbing and good company often go together: each is essential to the enjoyment of the other.”

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What to Bring

We recommend that you bring the following:

- Pack to carry lunch and extra clothing
- Water bottles/bags
- Sunscreen/sunglasses/camera
- Personal medicines, i.e. sting kits, etc.

What NOT to Bring

Please do not bring:

- Anything in glass containers
- Radios, TVs, or other electronic equipment

Clothing

Proper clothing will insure added safety and comfort during your course. We recommend:

- Loose fitting pants, shorts and tops
- Rain gear
- Swimming suit
- Extra warm clothes (fleece, etc.)
- Sturdy footwear for approach hikes
- Sunglasses or hat

Food

It is important to bring foods that are not going to spoil during exposure to heat. We will be eating lunches at the class site, i.e. on the rocks.

Good choices for food are: bagels, gorp mix,

energy bars, etc. Bring lots of water as well.

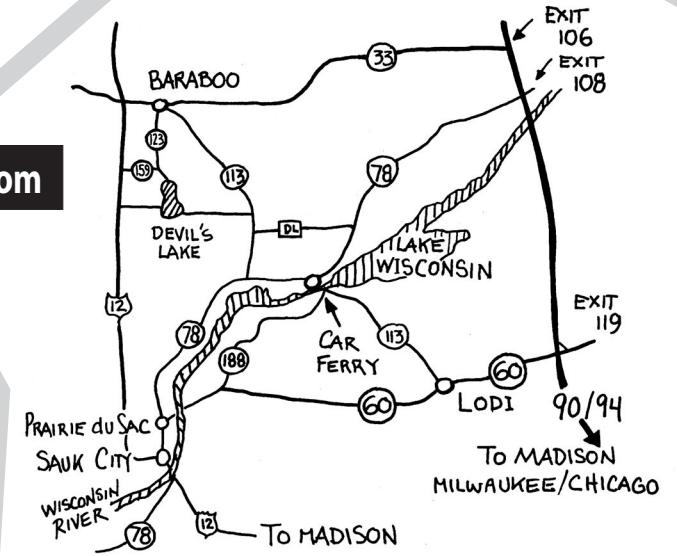
Footwear

Rock climbing shoes are included in the price of all of our courses. Like any other sport, there are shoes specially designed for the sport of rock climbing. To ensure proper fit we highly recommend stopping at Adventure Rock a minimum of one week prior to the start of your course to be properly fitted.

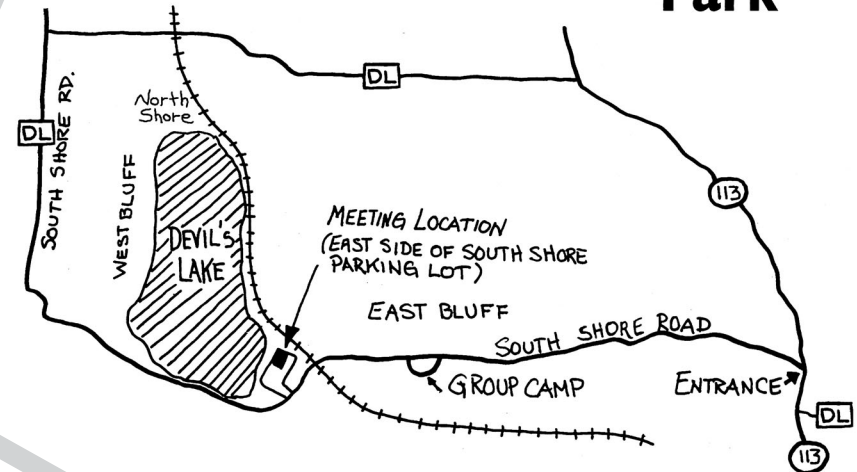
Rainouts and Cancellations

Rain and other weather phenomena can adversely affect safe climbing. Cancellation of a class due to weather conditions is at the discretion of Adventure Rock.

The instructors will make these decisions the day of the event, so please show up at the designated time regardless of current weather conditions.



Meeting Location Within Park



Devil's Lake State Park